

# Vegetarian Cooking Class

Sept-Oct '25

Teacher: Macy Weir



## Budget

SUPPORT GROUP



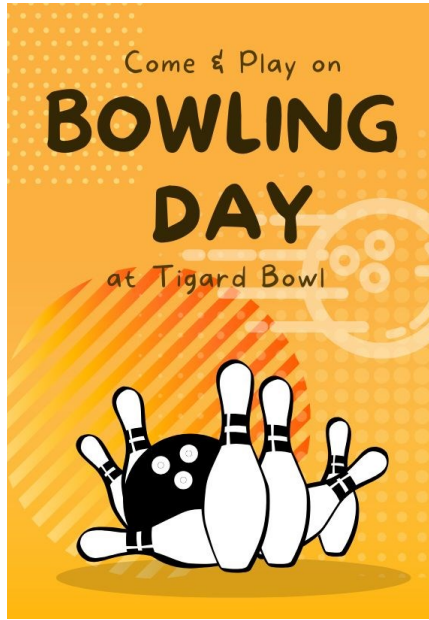
## WORLD EVENTS DISCUSSION GROUP



We're always looking for more groups!  
Have an idea you'd like to lead?  
Let Macy know!



## Fall Plans Include:



## Hello Friend!

We are excited to be launching another “season” of LifeConnect small groups. As a community who seeks to follow the Bible in all things, let me remind of you of some of the Biblical reasons why these groups are important:

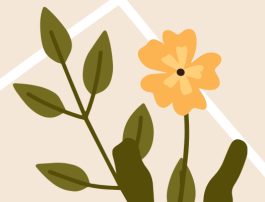
- You’ll meet with friends who can help you learn & grow (Prov. 27:17).
- You’ll have fun with people who understand life’s struggles (Eccles. 4:9-10).
- Praying with others helps you get through life ( Phil. 4:6, 1 John 5:14-15).

The LifeConnect Spring season will run April-July 2025. Looking forward to connecting with you!

*Pastor Macy*

Pastor Macy Weir

P.S. There is a fee for several groups. If you want to attend, but can’t afford it, please contact the church office: scholarships available!



## Restaurant Club





## How do I sign up?

1. Look through the group information and find which group(s) you want to join.
2. In most cases you can just attend! If the group asks for an RSVP, please do so. If you need more info or have questions, contact the leader listed.
3. Show up!\*



\*Note: Please be respectful of our hosts' willingness to open up their homes. Keep to the listed start & end times.



# BARBUR BASH Festival

August 24 11a-3p

CORNER OF BARBUR BLVD & SW HAMILTON



**Barbur Bash Festival**- Our third annual community block party is tentatively planned for August 24. Save the date and be ready to dive in and help!

Bounce house, food trucks, raffle, popcorn, free books, snow cones, and live music planned.

Friendly volunteers needed for welcoming, food prep, tent and table set up, tear down, and more!

**Meeting:** August 24,  
**Location:** 26 SW Condor Way  
**Contact:** Macy 509-301-4918



**Meetings & activities for all ages - all day**

Campgrounds - 19500 Oatfield Rd, Gladstone

**Tabernacle picnic - July 26 at the Weirs**

19107 Oatfield Rd - in the backyard: gate on the left

**Camp Meeting**- Camp meeting IS HAPPENING!  
 Updates & schedule can be found at:  
[www.oregonadventist.org/gladstone-camp-meetings](http://www.oregonadventist.org/gladstone-camp-meetings)

**Meeting:** July 22-26

**Location:** 19500 Oatfield Rd, Gladstone, OR

**Contact:** Macy 509-301-4918

Potluck picnic lunch on Sabbath at the Weirs.  
 Please park on the campgrounds and walk over.  
 Haystacks and picnic food theme.

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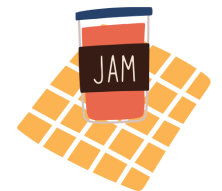
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Fall Plans





*NW Veg*

## EXPLORING VEGAN CLASS

SUNDAYS, 3-5PM  
PRESENTATION FOLLOWED BY COOKING  
DEMONSTRATION & SAMPLES

- RUN BY NW VEG -  
PRICE \$60 FOR 6 CLASSES  
ONLY \$30 FOR FIRST 5 TABERNACLE MEMBERS

**Exploring Vegan Class**— Hosted in our fellowship hall by NW Veg. Each class will have a cooking demonstration, samples, & a health talk. They are offering a 50% discount for the first 5 Tabernacle members who enroll! Bring your own cloth napkin, please.

**Meeting:** Weekly—May 4-June 15

**When:** Sundays, 3-5pm

**Location:** Tabernacle Fellowship hall

**Contact:** Church office 503-223-0623


# GABWAM

Grab A Beverage With A Minister

## hangout schedule

<b>May 16 (Fri)</b>	10-11a
<b>June 6 (Fri)</b>	11:30-1
<b>June 23 (Mon)</b>	9-11a
<b>July 16 (Wed)</b>	7-9a

**Crossroads Cafe**  
250 Princeton Ave  
Gladstone, OR 97027



**GABWAM**- Join Macy at Crossroads Café in Gladstone. Come-and-go; if you answer her "question of the day", you'll get a \$1 bill!

**Meeting:** Various

**Location:** Crossroads Cafe

**Contact:** Macy 509-301-4918



**Social Events**– Join us for fun together. Game night is for youth only; all are welcome on the hike!

**Youth Game Night:** April 5, 6pm

Miller’s House

15368 SW Mazama Pl, Tigard

**Contact:** Keith 971-255-9081

**Hike:** April 26, 2:30-4pm

Meet at the trailhead

Cooper Mountain Nature Park

18892 SW Kemmer Rd, Beaverton

**Contact:** Madison 971-803-1502



**Hide it Under a Bushel–No!** – Come make some candles with Laura! Supplies are provided, just bring yourself (and be ready to make decisions about colors & scents!).

★ PLEASE RSVP ★

**Meeting:** Select Sundays, 5-7pm

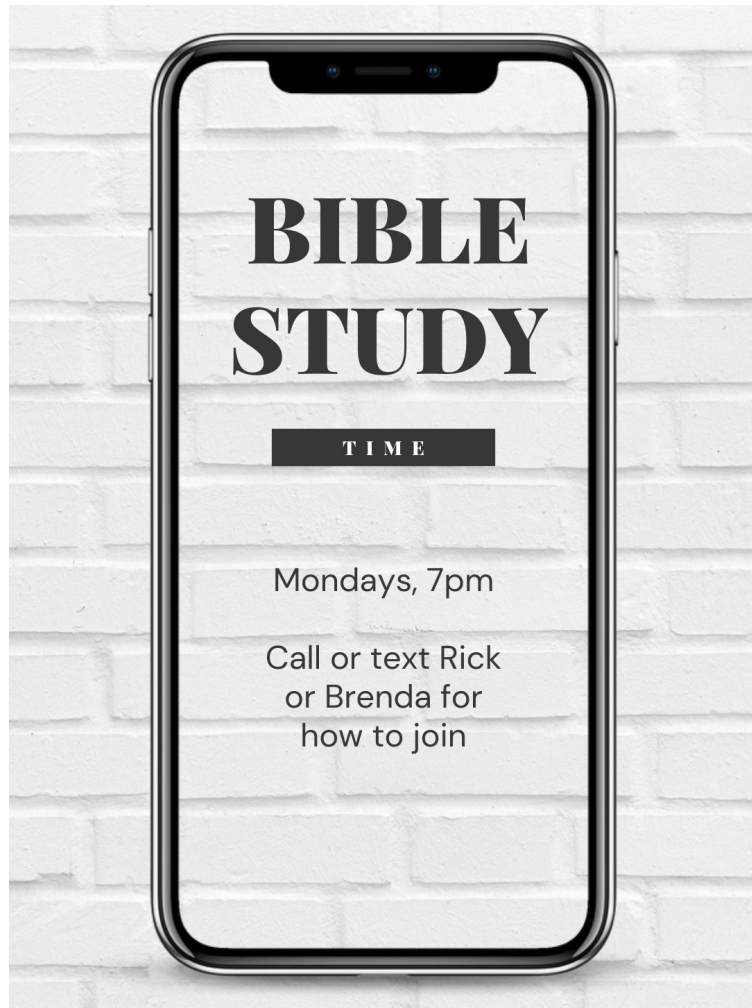
April 6–Container/Jar Candles

May 4–Beeswax Candles

June 8–Ice or Floating Candle

**Location:** Millers: 15368 SW Mazama Pl, Tigard

**Contact:** Laura 971-255-9080



Phone Bible Study—Bible Study on the phone

**Meeting:** Weekly, Mondays at 7pm

**Directions for Joining:**

- 1) Call 267-807-9601
- 2) Password 395930 #

**Contact:** Rick      503-341-6844  
                 Brenda    360-566-5903

Stay by for a group photo afterwards!



Looking forward to celebrating  
**the Resurrection**  
with you!

He is **risen** indeed!







**Easter Celebration**— Brunch on Easter Sunday morning! Wear a hat (if you want to!) and join us for pancakes, Gospel celebration, family-friendly activities, Easter baskets, and more!

Pancakes, syrup, potatoes, ketchup, & orange juice provided. Bring fruit and toppings to share.

**Meeting:** April 20, 11am

**Location:** Fellowship hall

**Contact:** Macy 509-301-4918

# ROCK VOICES

America's Community Rock Chorus 



**Rock Voices Community Choir** - Join the community choir that uses our space. You may have heard them at the "Barbur Bash". This is not a "Tabernacle sponsored"/led group—but it is a lot of fun! If you have questions, ask Keith & Laura (who've been members in the past!).

**When:** Mondays, Check-in at 6pm

Financial aid available (see website or ask Macy)

**Where:** Tabernacle Fellowship Hall

**More info:** [www.rockvoices.com](http://www.rockvoices.com)



Rise & Pray - Rise and shine and give God the glory—together in prayer! Join on Tuesday mornings for 40 minutes of petition and praise in prayer.

**When:** Select Tuesdays, 6:30-7:10am  
4/22, 5/6, 5/13, 5/27

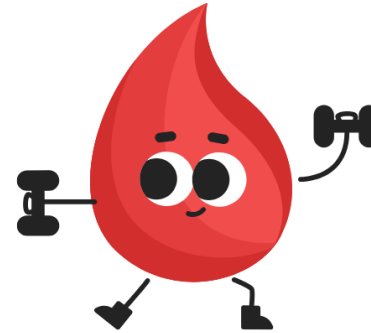
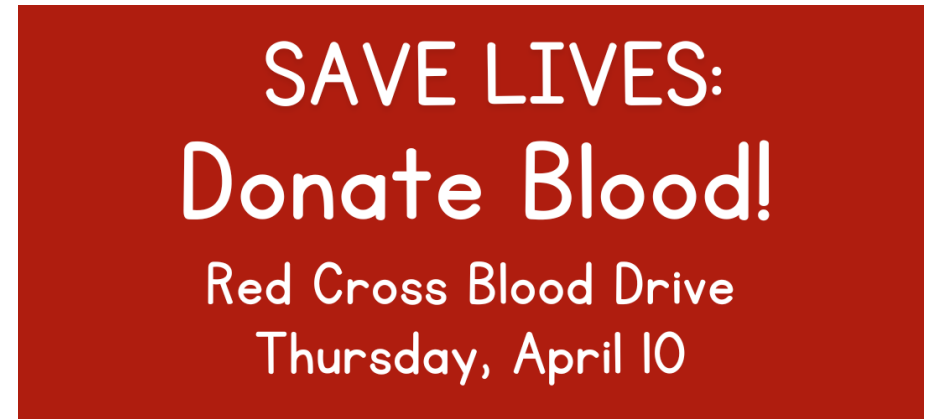
**Directions for joining on computer:** Go to zoom.com. Click Join → by Meeting ID

**Directions for joining by phone:** Dial 253-215-8782. As prompted, enter the ID & password.

**Meeting ID:** 898 5743 2753

**Password:** pray

**Contact:** Tricia 503-307-3335



Blood Drive— Donors & volunteers needed!  
Register ahead of time at redcrossblood.org

**Meeting:** April 10, 10am-3pm

**Location:** Fellowship hall

**Contact:** Sharon 973-735-4004



# Love Notes

1st Sabbaths - After Potluck

Love Notes— Join Ruth and friends as they spread joy through greeting cards to our members, friends, and shut-ins. Cards provided, but you're welcome to bring more!

1st Sabbaths, after potluck

**Meeting:** 2-3:30pm, April 5, May 3, June 7

**Location:** Fellowship hall

**Contact:** Ruth 971-300-8457



Blessed Blend - Tuesday morning prayer group that meets bi-weekly over tea/coffee. RSVP helpful, but not required. *Ladies only, please.*

**When:** Select Tuesdays, 9-10am  
4/22 5/6, 5/20, 6/3, & 6/17

**Where:** Fitzpatrick Home  
1228 SW Falcon St, Portland, OR 97219

**Contact:** Marilyn 210-264-2105



**Tots & Tacos**— A fun-filled night with crafts, story or movie time, physical activity and food!

**When:** Every-other Tuesday, 5:30-7:30p  
 April 15 & 29  
 May 13 & 27  
 June 10

**Location:** Tabernacle Fellowship hall

**Contact:** Zoey 503-753-3171  
 Ever 871-421-3079



**Pickleball & Tech Help**— Come play some pickleball and/or get some help with your technology! Between games, Hao, Bryson, & others will help you set up, troubleshoot, or otherwise understand your smart phone, tablet, laptop or other tech device.

**Meeting:** Friday 4/25 & 5/23, 5:30-8:30

**Location:** Gymnasium & chapel

**Contact:** Hao 503-830-1355  
 Bryson 253-508-3993



Soup Supper - Fellowship, food, and prayer together.

★ *Please RSVP so they know how many to expect!* ★

**When:** Fridays, 6:30 pm  
April 11-July 11

**Where:** Dorothy's House  
1330 10th St, West Linn, OR

**Contact:** Gail 503-729-3308  
Dorothy 503-807-9301



Bird Walks— We walk... we bird... and then do it again... rain or shine! Bring binoculars if you want them. All ages welcome!

**Meeting:** Every Wednesday, April 23-June 4

**Location:** Location will alternate between:

*Oak's Bottom Wildlife Refuge:* 10830 SE Oaks Park Way, Portland

*Kelley Point Park:* N Kelly Point Park Rd, Portland

**Contact:** Louise 971-288-8970

# PLAYGROUND MEETUP

**4:30-6P  
SELECT  
THURSDAYS**



Playground Meetup— Pack up the kiddos, grand-kids, or kids at heart and join us for some fun & food! Meet at the main playground at Cook Park. No kids—no problem! There are walking paths for those not inclined toward playground equipment. Sandwich or haystack fixings provided—you are welcome to bring additional snacks to share!

**Meeting:** Select Thursdays— 4:30-6p  
May 22, June 19, July 17

**Location:** Cook Park: 16659 SW 90th Pl  
Tigard, OR 97224

**Contact:** Macy 509-301-4918

# FOOD PANTRY & CLOTHES CLOSET



*4-6p - monthly*

**Food, clothes, diapers, & wipes  
Completely free for all**

Clothes Closet & Food Pantry— Partner with PACS to clothe & feed God's people

Monthly, 4th Thursday of the month

April 24                  June 26

May 22                    July 24

Sorting Parties as needed

**Location:** Tabernacle lobby & gym

**Contact:** Sharon F 973-735-4004